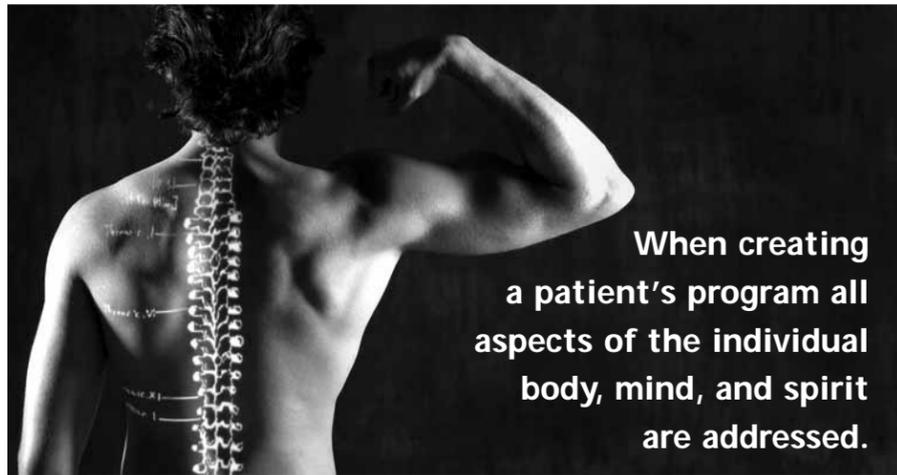


Integrative Functional Medicine treats each unique individual

By Ron Veitel

In the healing arts profession there are many choices one can make on the journey of health, from conventional medicine to shamanic healing and everything that exists in-between. A split between philosophical healing practices and straight scientific medicine occurred some time ago leaving a void for the individual who wanted to approach health in an integrative manner. Fortunately we are living in an age where the science of physics is beginning to merge the philosophical and scientific streams of healing. The balance of these two great aspects is what we strive for at Integrative Functional Medicine, a strong philosophy behind health and healing backed by modern science.



When creating a patient's program all aspects of the individual body, mind, and spirit are addressed.

create a dynamic balance of internal and external factors that effect the web-like interconnections of the patient's physiology.

Each person is individually unique in his or her biochemistry due to variations in genetic and environmental influence so numerous conventional and complementary diagnostic tools are used to determine imbalances within the patient's biochemistry. These include chiropractic exams to determine the structural state, standard laboratory tests for cholesterol, cardiovascular risk factors and glucose as well as specialized tests such as food allergy testing, liver detoxification capacity, heavy metal toxicity, digestive analysis and nutritional assessments. A unique and advanced method of evaluation comes from the use of Bio-Resonance equipment, which merges the ancient knowledge of acupuncture with modern physics. Bio-Resonance is a way of measuring the frequency of the individual meridians in the hands and feet to identify imbalances within the various meridian networks that are linked to organs and systems of the patient. Through these methods of analysis the practitioner can begin to draw a picture of the current state of health and know how best to approach the healing process for the individual patient.

Knowing that humans are like snowflakes, no two are the same, we customize therapeutic strategies for each patient at Integrative Functional

Medicine. When creating a program all aspects of the individual body, mind, and spirit are addressed. Personalized therapeutic nutrition and dietary recommendations are accompanied by nutritional and herbal supplements. Anthroposophic homeopathic remedies are used as a way of harmonizing the body with the soul and spiritual elements of the individual. Chiropractic adjustments facilitate proper nerve flow throughout the body and can help alleviate musculoskeletal pain. Photon light and Bio-Resonance therapies are also administered to bring a deeper level of healing into the patient. As the healing process progresses health maintenance programs are incorporated to ensure that true vitality is experienced, not just the absence of dis-ease.

Health and healing is a blend of philosophy and science at Integrative Functional Medicine and it is in this capacity that we guide one's journey toward optimal health. By finding the underlying causes of dis-ease, balancing the body chemistry and engaging the patient in their own care we

provide the patient with the opportunity for a transformed concept of health. For more information on our classes or to discuss setting up an appointment give us a call at 919.533.3313 or visit www.integrative-functionalmedicine.com.

Ron Veitel has been involved with the health industry for the past 15 years lecturing throughout North America regarding the synergistic relationship between nutrients and food. Currently he is the Nutritional Consultant for Integrative Functional Medicine in downtown Pittsboro.

Neighbor to Neighbor

Integrative Functional Medicine is the combination of two styles of 21st century medicine, integrative medicine and functional medicine. Integrative medicine strives to combine the best scientifically validated therapies from both alternative and conventional medical systems to address the whole person (body, mind and spirit). The body continuously strives for balance so by making use of natural and effective remedies integrative medicine facilitates the body's innate healing response.

Functional medicine is a personalized medicine focusing on underlying causes of dis-ease rather than symptoms. When looking at dis-ease through the eyes of functional medicine it can be viewed like an iceberg, the tip being the symptoms and the rest of the iceberg being the underlying causes. The latest scientific research has proven that the human physiology is like a spider web of interconnections, what happens in one area of the body ripples throughout the entire body. It is in this light that functional medicine approaches the patient and attempts to

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